

WPO RESULTS

11-Nov-18 WPO -Kg Results

Name	Age	Div	BWt (Kg)	WtCls (Kg)	Glossbreaker	Squat 1	Squat 2	Squat 3	Squat 4	Best Squat	Bench 1	Bench 2	Bench 3	Bench 4	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Deadlift 4	Best Deadlift	PL Total	Coeff Score	Age & Coeff	PI code	PI-Div-WtCl	Tm Pts	Team		
Crystal Tate		F_HWT_WPO	98.3	SHW	0.7204	300	322.5	342.5		342.5	200	-220	-220		200	542.5	255	280	300		300	842.5	606.937	0	2	1-F_HWT_WPO	3	Belt	2000	
Shawna Mendelson		F_HWT_WPO	80.55	82.5	0.798	295	320	325		325	-190	190	-197.5		190	515	207.5	220	227.5		227.5	742.5	592.515	0	2	2-F_HWT_WPO	3	2	1000	
Andrea Corder		F_HWT_WPO	79.65	82.5	0.80365	245	265	275		275	155	-165	165		165	440	242.5	257.5	272.5		272.5	712.5	572.6006	0	2	3-F_HWT_WPO	3	3	500	
April Mathis		F_HWT_WPO	119.7	SHW	0.67825	322.5	0	0		322.5	227.5	240	-250		240	562.5	190	227.5	-262.5		227.5	790	535.8175	0	2	4-F_HWT_WPO	3			
Debbie Damminga		F_HWT_WPO	75.1	82.5	0.83535	250	267.5	-282.5		267.5	-125	-125	125		125	392.5	210	227.5	242.5		242.5	635	530.4473	0	2	5-F_HWT_WPO	3			
Valerie King		F_HWT_WPO	83.7	90	0.7796	257.5	275	287.5		287.5	142.5	152.5	-162.5		152.5	440	192.5	205	212.5		212.5	652.5	508.689	0	2	6-F_HWT_WPO	3			
Jessica Bowersock	29	F_HWT_WPO	117.65	SHW	0.68075	302.5	320	0		320	177.5	195	197.5		197.5	517.5	207.5	210	215		215	732.5	498.6494	0	2	7-F_HWT_WPO	3			
Jennifer Gimmell		F_HWT_WPO	89.95	90	0.74755	217.5	245	250		250	147.5	162.5	170	-185.5	170	420	167.5	175	190		190	610	456.0055	0	2	8-F_HWT_WPO	3			
Heather Davidson		F_HWT_WPO	155.15	SHW	0.64107	265	285	305		305	155	-170	-170		155	460	180	200	-207.5		200	660	423.1062	0	2	9-F_HWT_WPO	3			
Kellyn Huehn		F_HWT_WPO	77.55	82.5	0.81755	262.5	277.5	0		277.5	-147.5	-147.5	-147.5		0	0	0				0	0	0	0	2	0	0	0		
Rae Ann Miller		F_HWT_WPO	140	SHW	0.6542	287.5	-295	-295		287.5	-240	-240	-240		0	0	0				0	0	0	0	2	0	0	0		
Alison Crowdus		F_HWT_WPO	122.9	SHW	0.67425	227.5	-242.5	242.5		242.5	-225	-247.5	-247.5		0	0	0				0	0	0	0	2	0	0	0		
Heidi Howar		F_LWT_WPO	60	60	0.9876	262.5	275	280		280	-175	-175	175		175	455	217.5	227.5	-235		227.5	682.5	674.037	0	2	1-F_LWT_WPO	3	Belt	2000	
Tara Green-Webber		F_LWT_WPO	73.05	75	0.8507	272.5	292.5	310		310	160	172.5	-182.5		172.5	482.5	215	-230	230		230	712.5	606.1238	0	2	2-F_LWT_WPO	3	2	1000	
Patti Lee	36	F_LWT_WPO	63.45	67.5	0.9439	247.5	255	262.5		262.5	127.5	132.5	137.5		137.5	400	215	227.5	-230		227.5	627.5	592.2973	0	2	3-F_LWT_WPO	3	3	500	
Leah Benoit	31	F_LWT_WPO	66	67.5	0.9156	227.5	250	265		265	137.5	-152.5	152.5		152.5	417.5	195	210	-217.5		210	627.5	574.539	0	2	4-F_LWT_WPO	3			
Stephanie Taylor		F_LWT_WPO	63.95	67.5	0.93805	230	-245	-252.5		230	130	-137.5	-137.5		130	360	-190	190	202.5		202.5	562.5	527.6531	0	2	5-F_LWT_WPO	3			
Karen Johnson		F_LWT_WPO	66.15	67.5	0.91345	227.5	240	250		250	-105	105	112.5		112.5	362.5	175	185	192.5		192.5	555	506.9648	0	2	6-F_LWT_WPO	3			
Elizabeth Grundy		F_LWT_WPO	57.35	60	1.0234	192.5	-202.5	205		205	-112.5	-115	115		115	320	155	162.5	167.5		167.5	487.5	498.9075	0	2	7-F_LWT_WPO	3			
Belinda Clary		F_LWT_WPO	66.4	67.5	0.91113	-195	195	222.5		222.5	115	125	-137.5		125	347.5	167.5	177.5	190		190	537.5	489.8238	0	2	8-F_LWT_WPO	3			
Tara Oshaughnessy		F_LWT_WPO	74.55	75	0.8391	225	245	275		275	-130	130	-140		130	405	172.5	-182.5	-182.5		172.5	577.5	484.5803	0	2	9-F_LWT_WPO	3			
Lauren Ashleigh		F_LWT_WPO	67.3	67.5	0.90175	195	200	215		215	110	-120	-120		110	325	180	-195	-195		180	505	455.3838	0	2	10-F_LWT_WPO	3			
Casey Strope		F_LWT_WPO	61.2	67.5	0.9721	180	-190	190		190	90	95	97.5		97.5	287.5	165	172.5	180		180	467.5	454.4568	0	2	11-F_LWT_WPO	3			
Amy Weisberger		F_LWT_WPO	74.35	75	0.84065	-195	195	-205		195	92.5	-100	100		100	295	65	0	0		65	360	302.634	0	2	12-F_LWT_WPO	3			
Chanel Nolet		F_LWT_WPO	66.8	67.5	0.907	237.5	-247.5	0		237.5	65	150	-157.5		150	387.5	0	0	0		0	0	0	0	2	0	0	0		
Jenna Rowe		F_LWT_WPO	66.4	67.5	0.91113	232.5	252.5	-265		252.5	-117.5	-117.5	-117.5		0	0	0				0	0	0	0	2	0	0	0		
Cosette Neely		F_LWT_WPO	47.65	48	1.1846	177.5	-192.5	192.5		192.5	-132.5	-135	-145		0	0	0				0	0	0	0	2	0	0	0		
Dave Hoff		M_HWT_WPO	134.35	140	0.53605	522.5		560		560	-427.5	427.5			427.5	987.5	337.5	0	0		337.5	1325	710.26625	0	2	1-M_HWT_WPO	3	Belt	2000	
Robert Merkh		M_HWT_WPO	120.6	125	0.55035	460	485	512.5		512.5	330	-365	-365		330	842.5	302.5	330	-347.5		330	1172.5	645.28538	0	2	2-M_HWT_WPO	3	2	1000	
Henry Thomason		M_HWT_WPO	124.25	125	0.54625	-462.5	462.5	-507.5		462.5	-337.5	337.5	-372.5		337.5	800	300	320	-335		320	1120	611.8	0	2	3-M_HWT_WPO	3	3	500	
Marshall Johnson		M_HWT_WPO	135.35	140	0.5351	410	442.5	477.5		477.5	-297.5	297.5	-327.5		297.5	775	320	365	-387.5		365	1140	610.014	0	2	4-M_HWT_WPO	3			
Steve Brock		M_HWT_WPO	138.3	140	0.53255	457.5	477.5	-500		477.5	-327.5	327.5	340		340	817.5	290	-305	-317.5		290	1107.5	589.79913	0	2	5-M_HWT_WPO	3			
Allen Pilley		M_HWT_WPO	122.2	125	0.54865	435	-457.5	-472.5		435	272.5	305	-322.5		305	740	310	327.5	-340		327.5	1067.5	585.68388	0	2	6-M_HWT_WPO	3			
Dustin Slepicka		M_HWT_WPO	172.5	SHW	0.507515	-480	480	-500		480	-275	275	-292.5		275	755	357.5	390	-410		390	1145	581.10468	0	2	7-M_HWT_WPO	3			
Jo Jordan		M_HWT_WPO	118.25	125	0.5527	420	-442.5	442.5		442.5	237.5	-260	-260		237.5	680	275	297.5	-305		297.5	977.5	540.26425	0	2	8-M_HWT_WPO	3			
Jayson McNett		M_HWT_WPO	151	SHW	0.52235	-447.5	-455	-455		0	0	0	0		0	0	275				0	0	0	0	2	0	0	0		
Al Mehan		M_HWT_WPO	131.8	140	0.5385	-460	-460	-460		0	0	0	0		0	0	325				0	0	0	0	2	0	0	0		
Curt Porter		M_HWT_WPO	135.9	140	0.53525	-485	-500	-500		0	0	0	0		0	0	365				0	0	0	0	2	0	0	0		
Josh Conley	34	M_HWT_WPO	160.5	SHW	0.5155	-445	-445	-445		0	0	0	0		0	0	372.5				0	0	0	0	2	0	0	0		
Shane Hammock		M_HWT_WPO	138.45	140	0.53235	-477.5				0	0	0	0		0	0	387.5				0	0	0	0	2	0	0	0		
Matthew Minuth		M_MWT_WPO	109.5	110	0.5632	455	472.5	500		500	-420	420	0		420	920	-305	-305	305		305	1225	689.92	0	2	1-M_MWT_WPO	3	Belt	2000	
Chris Della Fave		M_MWT_WPO	109.2	110	0.56385	440	482.5	-500		482.5	-330	330	-345		330	812.5	367.5	385	-415		385	1197.5	674.97088	0	2	2-M_MWT_WPO	3	2	1000	
Jim Benson		M_MWT_WPO	109.1	110	0.5638	480	-515	-515		480	337.5	347.5	355		355	835	300	-320	-320		300	1135	639.913	0	2	3-M_MWT_WPO	3	3	500	
Joe Rother		M_MWT_WPO	89.4	90	0.61415	-412.5	412.5	-435		412.5	-287.5	-287.5	287.5		287.5	700	295	-320	-320		295	995	611.07925	0	2	4-M_MWT_WPO	3			
Anthony Oliveria		M_MWT_WPO	108.4	110	0.56485	-465	-465	465		465	272.5	-280	-280		272.5	737.5	302.5	320	335		335	1072.5	605.80163	0	2	5-M_MWT_WPO	3			
James Burdette		M_MWT_WPO	99.5	100	0.58255	410	-442.5	442.5		442.5	320	-350	-350		320	762.5	250	-272.5	-272.5		250	1012.5	589.83188	0	2	6-M_MWT_WPO	3			
Mike Webber		M_MWT_WPO	109.3	110	0.5635	432.5	-455	-455		432.5	230	-252.5	0		230	662.5	300	325	-330		325	987.5	556.45625	0	2	7-M_MWT_WPO	3			
Brian Hill		M_MWT_WPO	108.75	110	0.56425	-470	470	502.5		502.5	-287.5	-287.5	-287.5		0	0	0				0	0	0	0	2	0	0	0		
Brian Carroll		M_MWT_WPO	109.7	110	0.5629	465	487.5	-500		487.5	-340	-340	-360		0	0	0				0	0	0	0	2	0	0	0		
Chad Hammond		M_MWT_WPO	99.75	100	0.5818	-410	-410	410		410	-275	-275	0		0	0	0				0	0	0	0	2	0	0	0		
Jason Coker		M_MWT_WPO	99.9	100	0.5828	-445	-445	-445		0	0	0	0		0	0	0				0	0	0	0	2	0	0	0		
David Jenkinson		M_MWT_WPO	109.5	110	0.5632	-460	-460	-460		0	0	0	0																	